

Vegan Mac and Cheese

Ingredients

Ingredients: Organic Pasta (organic wheat flour), Vegan Cheddar Flavor Seasoning (organic rice syrup solids, organic palm oil, sea salt, organic corn starch, organic natural flavor, organic pea protein, lactic acid, sunflower lecithin, organic annatto extract [for color], silicon dioxide [for anticaking], mixed tocopherols [vitamin E] and organic rosemary extract to protect flavor).

CONTAINS WHEAT INGREDIENTS.

Nutrition Facts

Serving size: 2.5 oz dry mix (71g) About 1 cup prepared

Amount per serving

Calories

260

As Packaged

Food component / Nutrient	Amount As Packaged	% DV* As Packaged
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Total Fat	3.5g	4%
Saturated Fat	1.5g	6%
Trans Fat	0g	—
Cholesterol	0mg	0%
Sodium	570mg	25%
Total Carbohydrate	51g	18%
Dietary Fiber	3g	12%
Total Sugars	1g	—
Incl. Added Sugars	0g	0%
Protein	7g	—

Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	1mg	6%
Potassium	140mg	4%
Thiamin	0.06mg	4%

Roasted Chicken Wrap

INGREDIENTS: Water, Corn Starch, Potato Starch, Canola Oil, Tapioca Starch, Rice Flour, Buckwheat Flour, Millet Flour, Yeast, Bamboo Fiber, Rice Protein, Psyllium Husk, Sugar, Thickeners: Carbohydrate Gum, Xanthan Gum, Humectant: Glycerin, Salt, Fermented Corn Starch, Enzyme. *Sourdough (24%).
May contain Sesame.

STORAGE & HANDLING INSTRUCTIONS: Packed in a protective atmosphere. Store in a cool dry place away from direct sunlight. After opening for maximum quality, reseal bag after each use or store in an airtight container and use within 3 days.

Nutrition Facts	
5 servings per container	
Serving size	1 Wrap (38g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 8g	3%
Dietary Fiber 5g	18%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 11g	22%
Vit. D 0mcg 0%	• Calcium 110mg 8%
Iron 1.6mg 8%	• Potas. 122mg 2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

High Protein Wraps

Ingredients

Water, Rice Protein, Pea Protein, Chickpea Flour, Bamboo Fiber, Thickeners (Xanthan Gum, Guar Gum), Sunflower Oil, Pear Juice Concentrate, Inulin, Milled Brown Flax Seed, Acids (Citric Acid, Tartaric Acid), Fermented Corn, Cultured Dextrose, Emulsifier (Mono-and Diglycerides), Psyllium Husk, Salt, Preservative (Sorbic Acid), Natural Flavoring.

May Contain Sesame and Mustard.

Nutritional Information

High Protein Wraps	Per 42g wrap**	*The % Daily Value (DV)
Energy	100 kcal	
Total Fat	3g	4%
of which saturates	1.9g	4%
Trans Fat	0g	3.5g
Cholesterol	0mg	0%
Sodium	105g	4%
Total Carb.	8g	3%
Fiber	5g	18%
Total Sugars (Incl. 0g Added Sugars)	1g	0%
Protein	11g	23%
Vitamin D		0%
Calcium		8%
Iron		10%
Potassium		2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Sea Salt and Vinegar Chips

INGREDIENTS

INGREDIENTS: Dried Potato Flakes, Palm Oil (Vitamin E), Tapioca Starch, Sea Salt & Vinegar Flavor (Vinegar Powder (Maltodextrin, Vinegar), Sea Salt, Sugar, Citric Acid, Lactic Acid, Salt, Tartaric Acid, Natural Flavors)

Nutrition Facts

About 6 servings per container

Serving size 1 oz
(28g/approx. 14 crisps)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 7g 9%

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 280mg 12%

Total Carbohydrate 18g 7%

Dietary Fiber 2g **7%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 2g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 0mg 0% • Potas. 300mg 6%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.